



Accepted health insurance plans

Employer-sponsored and individual plans

Preferred and exclusive provider organization (PPO/EPO) plans

Aetna Health Plan	HealthSmart (Interplan)
Anthem Blue Cross-Prudent Buyer	UnitedHealthcare
Blue Shield of California ³	TRICARE (Health Net Federal Services)
CIGNA	
Decore-Active Specialties	
GWH-Cigna	
Health Net	

Specialty plans

Cigna Behavioral Health	MES Vision
Davis Vision	Spectera Vision
EyeMed Vision	(OptumHealth)
Magellan Health Services	U.S. Behavioral
Managed Health Network (MHN)	Health Plan
	Vision Service Plan (VSP)

HMO and point-of-service (POS) plans

Aetna Health Plan	Cigna
Anthem Blue Cross-California Care	Health Net
Blue Shield of California ³	UnitedHealthcare

Covered California plans

Anthem Blue Cross HMO (LA County Only)	Health Net PureCare PPO/EPO
Blue Shield PPO (CCSB Only)	(Individual and CCS)
	L.A. Care Health Plan
	HMO (LA County Only)

See reverse side for accepted Medicare plans.

Accepted health insurance plans

Medicare Advantage plans

Aetna Health Plan	Humana
Anthem Blue Cross	Blue Shield Promise
Blue Shield of California	SCAN Health Plan
CalOptima OneCare ¹	UnitedHealthcare
Health Net	WellCare

Chronic illness special needs plans

Health Net (Cardiovascular disorders, chronic heart failure, diabetes)	SCAN Health Plan (Diabetes mellitus) VillageHealth by SCAN (ESRD)
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Medi-Cal plans

CalOptima Medi-Cal²

Cal MediConnect plans

Blue Shield Promise ¹	L.A. Care ¹
CalOptima OneCareConnect ¹	Molina Dual Options ¹
Health Net	

¹ Limited network | ² Health plan only offers dual eligible/Cal MediConnect option(s) for Medicare Advantage patients.

Does not offer Medicare Advantage-only option(s)

³ Employer-sponsored plans only

See reverse side for employer-sponsored and individual plans.

Not seeing your plan here?

Call **1-888-715-4922 TTY 711.**

Due to federal government restrictions, Optum is not allowed to answer questions about specific plans or make plan recommendations. This list is accurate as of June 2020. Health insurance plans are subject to change.

You may also contact Medicare at

1-800-MEDICARE TTY 711 or [medicare.gov](https://www.medicare.gov).

The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities. We provide free services to help you communicate with us such as letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-800-403-4160 TTY 711.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-800-403-4160 TTY 711. 請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請致電：1-800-403-4160 TTY 711

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