



## Accepted health insurance plans

### Employer-sponsored and individual plans

#### Preferred and exclusive provider organization (PPO/EPO) plans

Aetna Health Plan	HealthSmart (Interplan)
Anthem Blue Cross-Prudent Buyer	UnitedHealthcare
Blue Shield of California <sup>3</sup>	TRICARE (Health Net Federal Services)
CIGNA	
Decore-Active Specialties <sup>3</sup>	
Health Net	

#### Specialty plans

Cigna Behavioral Health	MES Vision
Davis Vision	Spectera Vision
EyeMed Vision	(OptumHealth)
Magellan Health Services	U.S. Behavioral
Managed Health Network (MHN)	Health Plan
	Vision Service Plan (VSP)

#### HMO and point-of-service (POS) plans

Aetna Health Plan	Cigna
Anthem Blue Cross-California Care	Health Net
Blue Shield of California <sup>3</sup>	UnitedHealthcare

#### Covered California plans

Anthem Covered CA HMO	Health Net PureCare PPO/EPO
Blue Shield PPO (CCSB Only)	(Individual and CCS)
	L.A. Care Health Plan HMO (LA County Only)

See reverse side for accepted Medicare plans.

# Accepted health insurance plans

## Medicare Advantage plans

Aetna Health Plan	Humana
Anthem Blue Cross	SCAN Health Plan
Blue Shield of California	UnitedHealthcare
CalOptima OneCare <sup>1</sup>	WellCare
Health Net	Cigna Alliance (EGWP)

## Chronic illness special needs plans

Health Net (Cardiovascular disorders, chronic heart failure, diabetes)	SCAN Health Plan (Diabetes mellitus) VillageHealth by SCAN (ESRD) <sup>1,4</sup> (LA County Only)
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## Medi-Cal plans

CalOptima Medi-Cal<sup>1</sup>

## Cal MediConnect plans

Blue Shield Promise <sup>1</sup>	L.A. Care <sup>1</sup>
CalOptima OneCareConnect <sup>1,2</sup>	Molina Dual Options <sup>1</sup>
Health Net	

<sup>1</sup> Limited network | <sup>2</sup> Health plan only offers dual eligible/Cal MediConnect option(s) for Medicare Advantage patients.

Does not offer Medicare Advantage-only option(s)

<sup>3</sup> Employer-sponsored plans only | <sup>4</sup> Fee-for-Service only.

See reverse side for employer-sponsored and individual plans.

Not seeing your plan here?

Call **1-888-715-4922, TTY 711.**

Due to federal government restrictions, Optum is not allowed to answer questions about specific plans or make plan recommendations. This list is accurate as of December 2020. Health insurance plans are subject to change.

You may also contact Medicare at **1-800-MEDICARE, TTY 711** or [medicare.gov](https://www.medicare.gov).

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To ask for help, please call 1-800-403-4160, TTY 711.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-800-403-4160, TTY 711.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。

請致電：1-800-403-4160, TTY 711

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